

QUOTES, QUIBBLE, QUESTION

52^{N^D} EDITION

FROM
THE
COACHING
GUY

WELCOME

This week we're addressing a common feeling among leaders and professionals, the sense of being stuck in the same role.

It's that frustrating place where you know there's more you can offer, but you feel trapped. You're waiting for a sign, a green light, or some cosmic approval to explore new opportunities. But here's the reality, many leaders don't move forward because they fear change, doubt their skill set, or don't feel ready for the next step.

The irony? No one is ever completely ready. It's in the doing, the experience, exposure, and opportunity, that we truly grow. So, if you've been waiting for that perfect moment, let this be a wake-up call.

QUOTES

"You don't have to be great to start, but you have to start to be great." — [Zig Ziglar](#)

"If you wait for perfect conditions, you'll never get anything done." — [Ecclesiastes 11:4](#)

"What would life be if we had no courage to attempt anything?" — [Vincent van Gogh](#)

"The only impossible journey is the one you never begin." — [Tony Robbins](#)

Q U I B B L E

It's a dilemma many face

On one hand, staying put feels safe. You're not ready yet, or so you believe. Maybe you lack the qualifications or experience for that next big move. The fear of failure keeps you anchored to your current role, waiting for the perfect timing or that magical moment of confidence.

On the other hand, waiting indefinitely doesn't lead to growth. There's never a "perfect" time, and many leaders get stuck in roles they've outgrown simply because they didn't leap. The truth is, that skills are honed on the job. Leadership, after all, is as much about learning as it is about leading.

So which is it? Should you play it safe or take the plunge?

Both perspectives hold merit, but preparation is important. Often, action teaches us more than waiting ever can. The challenge is finding the balance between preparedness and decisiveness. Knowing when it's time to leap and having the support to do so can make all the difference.

The real question isn't whether you have all the skills today, it's whether you have the drive to learn, grow, and adapt. The action doesn't have to be reckless, but it does have to happen. If you're waiting for permission or a perfect moment, you're robbing yourself of valuable time and growth.

Leverage external resources like a mentor, coach, or someone who believes in your potential. Often, it's not about the role but how to reinvent yourself within the role. A good coach can help you see beyond your current limitations and encourage you to take calculated risks, ultimately helping you unlock new doors in your career and life. It's not unusual for the actual issue to be something that you hadn't considered. So, being able to go deep and unlock the root cause is essential.

Q U E S T I O N

What's the one action you've been delaying because you didn't feel ready—and what would happen if you took the first step today?

Curious how I can help you? Then book a free consultation, link in my bio. Or if you like my content and want this sent straight to your inbox every Monday, subscribe to my newsletter by visiting www.thecoachingguy.co.uk

T H A N K S

For reading this week's newsletter.

If you have other subjects that you would like to hear about, drop me an email at

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