

# QUOTES, QUIBBLE, QUESTION

57<sup>TH</sup> EDITION

FROM  
THE  
COACHING  
GUY

## WELCOME

This week's newsletter is dedicated to addressing the importance of staying engaged as a leader, and the dangers of not doing so.

Leaders who stagnate pose significant risks not only to themselves but also to their teams and organisations. Those who fail to invest in their own growth and development create a dangerous ripple effect, leading to disengaged teams, missed opportunities, and a culture of complacency.

## QUOTES

"Leadership and learning are indispensable to each other." [John F. Kennedy](#)

"The greatest danger in times of turbulence is not the turbulence; it is to act with yesterday's logic." [Peter Drucker](#)

"A leader who doesn't invest in themselves stops leading and starts managing." [The Coaching Guy](#)

"Complacency is the deadly enemy of success." [Brian Tracy](#)

# Q U I B B L E

**“Why should I keep investing in my own growth? I’ve already made it to the top.”**

A leader's journey never truly ends. The marketplace, technology, and team dynamics are constantly evolving. Leaders who rest on past achievements become obsolete. Their lack of growth leads to missed innovation, decreased team morale, and an inability to guide the organization into the future. Investing in oneself, attending workshops, engaging with mentors, or reading up on new leadership models is essential to stay relevant and effective.

On the flip side, some leaders may argue that continuous learning and development can feel overwhelming, especially if they've been in leadership roles for decades. “I’m tired, I’ve worked hard to get here, and I deserve to coast a little,” they might say. For these leaders, the question is whether the balance of rest and reflection can still sustain growth without constantly feeling the pressure to “be better.” There is a fine line between staying sharp and avoiding burnout.

Both sides highlight the need for balance, but the undeniable truth remains, a leader who stops growing risks leading a team that stops caring.

Here are 9 things you can do to reset and reignite your passion.

- **Micro Breaks for mental reset**
- **Break the routine**
- **Learn something new**
- **Delegate more effectively**
- **Set one creative goal**
- **Reconnect with purpose**
- **Schedule time for self-care**
- **Seek out a mentor or coach**
- **Reflect on your wins**

# Q U E S T I O N

"Are you still leading with curiosity, or have you fallen into autopilot mode?"

"What's one new skill, concept, or practice you can explore in the next month to reignite your leadership spark?"

Curious how I can help you? Then book a free consultation, link in my bio. Or if you like my content and want this sent straight to your inbox every Monday, subscribe to my newsletter by visiting [www.thecoachingguy.co.uk](http://www.thecoachingguy.co.uk)

# T H A N K S

For reading this week's newsletter.

If you have other subjects that you would like to hear about, drop me an email at

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